

Parish Prayer List (Living)

(Parish)

Evangelos	Carolyn	Robert	Sharon
John	Maria	Anamay	Ron
Lawrence	Dianna	Seraphim	Evdokia
Anthony	Pauline	Nadja	Jerry
Beverly	David	Michael	Anastasia
Nina	Walter	Nathan	Mary
Joseph	Duncan	Thecla	Michael
Reader Mark	Tatiana	Travis	Jason
Susan Mary	Clint	John	George
Magdalini	Connie	Emil	Sophia
Barbara	Yevgeniya	Roman	Ilija
Olga	Marina	Efthalia	Denny

(non-Parish)

Alexandra	Rachael	Jessilyn	Amanda
Christopher	Fr. Michael	Paige	Sean
James	Nicholas B.	Karin	Grant
Michael	Helen	Susan K	Nadia
Anna	Brian	Kathy Tanner	Salvatore
Josephine	Nicholas (Nadja's brother)	Alma	Randy

Parish Prayer List (Fallen Asleep)

Daniela Paunesky (+9/24)

Marguerette Robinson (+9/20)

Barry Stavrou (+9/27)

Lois Lynn (+10/11)

Barton Lynn (+10/22)

Nicholas Georgeopoulos (+11/3)

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Thoughts from the Fathers

As soon as you wake up in the morning, pray for a while, saying, ‘Lord Jesus Christ, Son of God, have mercy upon me.’ Then your first work should be to shut yourself in your own heart, as if taking up position in an arena. Having established yourself there, bring yourself to the consciousness and feeling that your enemy and the passionate urge against which you struggle at the moment is already there, on your left, ready for immediate attack; therefore rouse against them a firm resolve to conquer or die, but never to submit. Realize also that on your right there stands, invisibly present, your Commander, our Lord Jesus Christ, with His Holy Mother and a host of holy Angels, with Archangel Michael at their head, ready to come to your aid. So take heart and be of good cheer.

Nicodemos of the Holy Mountain (ed) and Theophan the Recluse (revision), "On preparing for battle in the morning," Chapter Sixteen, Unseen Warfare

"Man should not be upset about the blasphemies of the devil, but only about his personal sins, and to hope in God's boundless mercy, for where hope in God is absent, the devil's tail is present."

- Elder Paisios the Athonite

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The Holy Great Martyr Demetrios of Thessaloniki

St. Demetrios the Myrrh-Gusher (Feast Day - October 26)

By St. Nikolai Velimirovich

This glorious and wonderworking saint was born in Thessalonica of noble and devout parents. Implored of God by childless parents, Demetrios was their only son, and so was raised and educated with great care. Demetrios's father was a commander in Thessalonica.

When his father died, Emperor Maximian appointed Demetrios as commander in his place. As he appointed him, Maximian, an opponent of Christ, particularly recommended that he persecute and exterminate the Christians in Thessalonica. Demetrios not only disobeyed the emperor but openly confessed and preached the Lord Jesus Christ in the city of Thessalonica. When the emperor heard of this he became furious with Demetrios. Then, when he was returning from battle against the Sarmatians, Maximian stopped at Thessalonica to investigate the matter.

The emperor summoned Demetrios and questioned him about his faith. Demetrios openly acknowledged his Christian Faith to the emperor and also denounced the emperor's idolatry. Maximian cast Demetrios into prison. Knowing what was awaiting him, Demetrios gave all his goods to his faithful servant Lupus to distribute to the poor, and joyfully awaited his imminent suffering for Christ the Lord.

An angel of God appeared to him in prison, saying: "Peace be to you,

O sufferer of Christ; be brave and be strong!" After several days, the emperor sent soldiers to the prison to kill Demetrius. The soldiers found the saint of God at prayer and ran him through with lances. Christians secretly took his body and honorably buried it. Healing myrrh flowed from the body of the martyr of Christ, curing many of the sick. Soon, a small church was built over his relics.

An Illyrian nobleman, Leontius, was afflicted with an incurable illness. He hastened, with prayer to the relics of St. Demetrius and was completely healed. In thanksgiving, Leontius erected a much larger church on the site of the old church. The saint appeared to him on two occasions.

When Emperor Justinian wanted to translate the relics of the saint from Thessalonica to Constantinople, flaming sparks sprang from the tomb and a voice was heard: "Stop, and do not touch!" And thus, the relics of St. Demetrius have remained for all time in Thessalonica.

As the protector of Thessalonica, St. Demetrius has appeared many times, and on many occasions has saved Thessalonica from great calamity. His miracles are without number. The Russians considered St. Demetrius to be the protector of Siberia, which was conquered and annexed to Russia on October 26, 1581.

Miracle One of St. Demetrius of Thessalonica

Demetrius was a commander of Thessalonica during his life and remained so after his repose. People have felt his presence in Thessalonica, especially in times of great calamities. He protects the city, wards off misfortunes, repels invaders, and helps all who invoke his name.

Here is a wonderful example of his unusual aid to people in need.

Once, the barbarians attacked Thessalonica and were unable to overtake it. Infuriated at this, they pillaged the countryside and bound and carried off two beautiful maidens whom they gave as a gift to their prince. These maidens knew how to embroider well. When the prince saw their handiwork, he said to them: "I hear that there is a great god in your land, Demetrius, and that he works great miracles. Embroider his face on this linen." The maidens told him that St. Demetrius was not a god but rather God's servant and the

helper of Christians. At first, they refused to embroider the face of the saint, but when the prince threatened them with death, they carried out the command and completed the task by St. Demetrius's Day. On the eve of the feast, they looked at their embroidery and wept sorrowfully, as they had to spend the feast day in slavery and had to give that embroidered image of their beloved saint to an impious barbarian. Both maidens prayed to St. Demetrius to forgive them. Then St. Demetrius appeared to them and took them both away, as an angel had once taken the Prophet Habakkuk. He brought them to Thessalonica and set them in his church. A solemn all-night vigil was being celebrated, and many people were there. When they learned of the miraculous rescue of these Christian maidens, all glorified God and St. Demetrius, His great servant and commander.

Miracle Two of St. Demetrius of Thessalonica

That the saints of God live, clothed in great glory and might in the heavens, Orthodox Christians know, not by their own reasoning, but by the true help and visitations of the saints. At times the saints appear so that men may see and hear them; at times, only to be either seen or heard; at times, though unseen and unheard, they influence our thoughts, our dispositions and our actions.

Among the many miracles of St. Demetrius in Thessalonica the following is recorded:

A young man named Onesiphorus was appointed to the service of sacristan in the Church of St. Demetrius of Thessalonica. His primary task was to keep an account of the candles and lampadas. This young man began to steal candles, take them home, and then resell them. St. Demetrius appeared to him and said: "Brother Onesiphorus, your action is not pleasing to me, for you are stealing candles. By this, you bring harm to others and especially to yourself. Cease doing this and repent!" Onesiphorus was frightened and ashamed and, for a time, stopped stealing candles. But he eventually forgot himself, and again began to steal candles. One morning, a distinguished man brought some large candles to the tomb of the saint, lit them, prayed and left. Onesiphorus approached the candles and stretched forth his hand with the intention of taking them, but at that moment a voice like thunder roared: "Are you doing that again?" As though struck by lightning, Onesiphorus fell to the ground, unconscious. When someone came into the church he found him and lifted him up off the floor; he gradually came to himself and related all that had happened. Everyone was astonished, and glorified

God.