

Parish Prayer List (Living)

Alexandra	Rachael	Paige	Reader Mark
Andrea	Amanda	Sherry	Joretta
Fr. Michael	Barry	Sean	Suzan Mary
James	Nicholas B.	Karin	Andrea & Kirby
Lawrence	Emil	Seraphim	Evdokia
Michael	Helen	Susan K	Bob Wedder
Anna	Brian	Carolyn	Fr. Thomas
Mike	Kathy Tanner	Anthony	Pauline
Olga	Marina		

Parish Prayer List (Fallen Asleep)

Fr. David Wine (+9/11)	Barton Lynn (+10/11)
Rdr. Douglas Laney (+10/6)	Mary Beach (+10/27)
Dcn. William Friedel (+10/1)	Mildred Zelko (+10/31)
Nicholas Georgeopoulos (+11/3)	

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Coffee Hour Schedule

October 16 – Visconti	October 23 – Piljay
October 30 – Scrantom	November 6 – Blomeley
November 13 – Shenberger	November 20 – open

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Schedule of Epistle Readers

October 16 – Misha S.	October 23 – Bob Piljay
October 30 – Van Crikis	November 6 – Billy Scrantom
November 13 – Misha S.	November 13 – Bob Piljay

Please let me know if you would like to added to the list of Epistle readers, or if you will not be available on the day when you are scheduled.

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Words from the Fathers

Whomever the Lord visits with a grievous trial, with sorrow or with the deprivation of a beloved neighbor, such a person will involuntarily pray with his whole heart, with all his thoughts and with all his mind. Consequently, the wellspring of prayer is in everyone — it is tapped either by gradually delving deeper

into oneself in accordance with the teachings of the Fathers, or instantaneously, thunderstruck by God's piercing to the core of the soul.

Elder Leonid of Optina (1768–1841)

We are too engrossed in things of this world and thus become spiritually impoverished, because one cannot sit on two chairs. One cannot drink both from the Cup of the Savior and from the cup of the adversary. We must decide whom we will serve: God or the things of this world. One cannot serve God and mammon at the same time.

Elder Thaddeus of Vitovnica

Prefer the apparent inaction of inner silence to feeding the hungry? There are two kinds of hunger - physical and spiritual...Behold the days come, saith the Lord God that I will send a famine in the land, not a famine of bread, nor a thirst for water, but of hearing the words of the Lord: and they shall wander from sea to sea, and from the north to the east, they shall run to and fro to seek the word of the Lord, and shall not find it. In that day shall the fair virgins and young men faint for thirst.

Archimandrite Sophrony Sakharov

"Preserve, then, my sons, that friendship ye have begun with your brethren, for nothing in the world is more beautiful than that. It is indeed a comfort in this life to have one to whom thou canst open thy heart, with whom thou canst share confidences, and to whom thou canst entrust the secrets of thy heart. It is a comfort to have a trusty man by thy side, who will rejoice with thee in prosperity, sympathize in troubles, encourage in persecution. What good friends those Hebrew children were whom the flames of the fiery furnace did not separate from their love of each other!"

St. Ambrose of Milan

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The Holy Martyr Longinus the Centurion (October 16), a Roman soldier, saw service in Judea under the command of the

procurator, Pontius Pilate. During the time of the execution of the Saviour it was the detachment of soldiers under the command of Longinus, which stood watch around Golgotha, at the very foot of the holy Cross. Longinus and his soldiers were eye-witnesses of the final moments of the earthly life of the Lord, and of the great and awesome portents that appeared at His death. These events jolted the soul of the soldier. Longinus believed then in Christ and before everyone confessed that, "in truth -- this was the Son of God" (Mt. 27: 54). (according to Church tradition, Longinus was that soldier, who with a spear pierced the side of the Crucified Saviour, and from the outflowing of blood and water received healing from an eye affliction).

After the Crucifixion and Burial of the Saviour, Longinus with his company stood watch at the Sepulchre of the Lord. Here the soldiers were given to behold the All-Radiant Resurrection of Christ. The Jews persuaded them with a bribe to bear false witness that His disciples had stolen away the Body of Christ, but Longinus and two of his comrades refused to be seduced by the Jewish gold. Having believed in the Saviour, the soldiers accepted Baptism from the apostles and decided to forsake military service. Longinus quit Judea and set out preaching about Christ Jesus the Son of God in his native land, in Cappadocia. His two comrades also followed after him. The fiery words of actual participants of the great occurrences in Judea swayed the hearts and minds of the Cappadocians; Christianity began quickly to spread about in the city and the surrounding villages. Having learned of this, the Jewish elders persuaded Pilate to dispatch a company of soldiers to Cappadocia, to kill Longinus and his comrades. The dispatched company of soldiers arrived in the native village of Longinus; the former centurion himself came out to meet the soldiers and took them to his home. After a meal, the soldiers told about the purpose of their arrival, not knowing -- that the master of the house -- was that very selfsame man, whom they were seeking. Then Longinus and his fellows identified themselves and asked the surprised soldiers, unperturbedly, to do their duty of military service. The soldiers wanted to set free the saints and

advised them to flee, but the saints refused to do this, showing firmness of will to accept suffering for Christ. The holy martyrs were beheaded, and their bodies were buried there where the saints made their final witness, and the cut-off heads were sent on to Pilate. Pilate gave orders to cast the martyrs on the trash-heap outside the city walls. After a certain while a certain blind woman arrived in Jerusalem to pray at the holy places. Saint Longinus appeared to her in a dream and said, that she should find his head and bury it. They led the blind woman to the rubbish heap. Having touched the head of the martyr, the woman was granted sight to her eyes. She reverently conveyed the venerable head to Cappadocia and there gave it burial.



“He who crosses the threshold of a Church enters into Heaven. There, the Savior, the *Theotokos*, the Saints, the Prophets, the Angels, and the Archangels await him.

There, the air that he will breathe is transformed into fragrant incense.

The food that he will receive is the ‘Bread of Angels.’

From his mouth Angelic words will come forth.

His ears will hear heavenly voices.

His hands will touch images of celestial realities.”

(Ioannes M. Fountoules, *Liturgical Issues*
[Thessaloniki: 1977], Vol. 1, p. 19)

