

Parish Prayer List (Living)

Alexandra	Rachael	Jessilyn	Reader Mark
Andrea	Amanda	Sherry	Thecla
Fr. Michael	Barry	Sean	Susan Mary
James	Nicholas B.	Karin	Connie
Lawrence	Emil	Seraphim	Evdokia
Michael	Helen	Susan K	Bob Wedder
Anna	Brian	Carolyn	Karen
Sharon & Bob	Kathy Tanner	Anthony	Pauline
Olga	Marina	Salvatore	Josephine
Nicholas (Nadja's brother)	Nina	Alma	Jason
Tatiana	Clint	Nadja	Travis
Andrew Zatorsky	John		

Parish Prayer List (Fallen Asleep)

Michael Urban (+6/21)	Robert Beall (+6/24)
Mary Fuga (+6/24)	Ruby Kesselak (+7/1)
John Kesselak (+7/6)	John Maydak (+7/12)
Andrew Kesselak (+7/14)	Protodeacon John Youhas (+7/20)
Shawn Visconti (+7/21)	

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Coffee Hour:

7/22 - Magdelini	7/29 - Joretta	8/5 - open
8/12 - open	8/19 - open	8/26 - open
9/2 - open	9/9 - open	9/16 - open

We need volunteers for coffee hour on upcoming Sundays. The sign up sheet will be available during coffee hour this morning.

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Thoughts from the Fathers

I know that you have many sorrows and much... unpleasantness. But tell and enlighten yourself with the remembrance that in hell it is much worse, more wearying and doleful, and there is no hope of deliverance from it. If a person endures sorrows with submission to God's will, confessing his sins, then he will through this be delivered from eternal torments. Therefore we had better endure unpleasantness here, no matter how difficult they are, turning our grief over to God and praying to Him with humility that He deliver us from faintheartedness and despair,

which are the worst of all sins.

Elder Ambrose of Optina

“It’s a matter of knowing how to serve and whom to serve, and in any kind of battle you must expect injury or death.

Suffering is not easy to endure if you’re not in communion with God. I couldn’t say, ‘Lord, give me suffering!’ but I thank Him with my whole heart for helping me through it and keeping me awake.”

Elder Arsenie (Papacioc), “Eternity Hidden in the Moment,” [10] On Suffering in Prison

Unceasing prayer is born of love, while fault-finding, idle talk and self-indulgence are the death of prayer. The man who loves God is able to keep his mind on Him day and night since no form of activity interferes with loving God. The Apostles loved the Lord, and the world did not hinder them - though they were not forgetful of the world and prayed for it, and preached.
St. Silouan the Athonite, (1866-1938)

Amma Sarah said: "It is good to give alms for men's sake. Indeed, it is good even if it is only done to please men, for through it one can begin to seek to please God."

She also said, "I put my foot to ascend the ladder, and I place death before my eyes before going up it."

Desert Fathers (and Mothers!)

Abba Pambo said, "If you have a heart, you can be saved."

They said of Abba Pambo that as he was dying, at the very hour of his death, he said to the holy men who were standing near him, "Since I came to this place of the desert and built my cell and dwelt here, I do not remember having eaten bread which was not the fruit of my own hands and I have not said anything for which I was sorry later, even to this present hour; and yet I am going to God as one who has not even made a beginning in His service.

Abba Pambo said: This voice cries out to a man until his last

breath, "Repent this day."

Venerable Pambo of Egypt, commemorated 18 July

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A Few Miracles of the Incorrupt Left Hand of St. Mary Magdalene



Among the many holy relics of Simonopetra Monastery on Mount Athos is the left hand of the Myrrh-bearing woman, St. Mary Magdalene. It is the most sacred treasure of Simonopetra. This hand is incorrupt, exudes a beautiful heavenly fragrance, gives off a bodily warmth as if it is still living, and works many miracles. Because of these many miracles, St. Mary Magdalene is held with great reverence by the monks of Simonopetra, who consider her to be the second foundress of the Holy Monastery. Below are a few examples of the grace which issues forth from this holy relic:

1. In 1945 a great fire took place in the forests of the Holy

Monastery of Iveron. The wind was very strong so that within a few hours the fire reached the ridge bordering the monasteries of Iveron, Philotheou, Xeropotamou and even the forest of Simonopetra. Everyone believed the forests would be destroyed. The monks of Simonopetra ran to the forest where the fire was. Two pious hieromonks named Neophytos and Panteleimon took with them the holy relic of St. Mary Magdalene. None of the monks dared approach the fire, lest they be encircled and unable to escape. However, as the two brothers approached the fire with the holy relic, the fire was held back. The priests began a Holy Water Service then chanted a Supplication Service to St. Mary Magdalene. By the time the services were done, the fire was completely extinguished, to the great wonder of the fathers who were all gathered there as witnesses.

2. A similar miracle to the one above occurred in the forests of Simonopetra with the holy relic of St. Mary Magdalene in 1947.

3. In the region of Galatista of Thessaloniki in 1911 plant eating worms appeared destroying the plants. Residents asked for the holy relic of St. Mary Magdalene and a Holy Water Service. Immediately the worms began to disappear.

4. In 1912 in the region of Epanomis of Thessaloniki many locusts appeared. Residents asked for the holy relic of St. Mary Magdalene. After the completion of a Holy Water Service as well as a Supplication Service to St. Mary Magdalene, the locusts left. Residents highly honor St. Mary till this day for that miracle.